

MIRACLES

2023-2024

The Students' Annual Magazine of
SARASWATHI KENDRA

"Where talent is encouraged and nurtured, expect miracles."



The C.P. Ramaswami Aiyar Foundation
1 Eldams Road, Alwarpet, Chennai - 600018.

Phone : 044-49529480

Email: saraswathikendra@gmail.com

Website: www.saraswathikendra.org

MIRACLES

**The Students' Annual Magazine of
SARASWATHI KENDRA**



**“Where talent is encouraged and nurtured,
expect miracles.”**

The C.P. Ramaswami Aiyar Foundation

1 Eldams Road, Alwarpet, Chennai - 600018.

Phone: 044-49529480

Email: saraswathikendra@gmail.com

Websites: www.saraswathikendra.org; www.saraswathikendramagazine.com



“The school shall have served its purpose best, fulfilled its object effectively, if, in addition to the teaching of the three Rs and all the things that go by the scholastic name, the wonderful niceties of life are also inculcated, without which man as a gregarious animal would be written down in history as a failure.

Let the school be the centre, the nucleus, the focus, radiating not distrust, not factions, not a spirit of partnership, but the spirit of oneness and harmony towards conjoint effort and the fulfilment of conjoint purpose and the reaching towards that goal for which all of us are yearning.”

Dr. C.P. Ramaswami Aiyar



About Saraswathi Kendra

Saraswathi Kendra was established in 1985 by The C.P. Ramaswami Aiyar Foundation to help children with autism, dyslexia, learning disabilities and other similar problems. This institution is named after Late Mrs. Saraswathi Pattabhiraman (November 3, 1910 - December 6, 1984). It was the first full time institution of its kind in India when it was established. Saraswathi Kendra uses innovative teaching methods and therapies and takes a holistic approach to education. Every child in Saraswathi Kendra is a special person who is given specialised attention.

The C.P. Ramaswami Aiyar Foundation is an accredited academic institution of the National Institute of Open Schooling (NIOS), which has made it possible for so many children, who could not have graduated from main stream school, to complete their basic education. There are several professionals in the field of performing arts and sports besides young people who work in mainstream careers who were students of Saraswathi Kendra.

Saraswathi Kendra gives free or subsidized education for children from very less privileged backgrounds.

THE EDITORIAL BOARD

The staff and students led by Mrs. T. Usha, Mrs. S. Niraja and Mrs. Anju Agrawal of Saraswathi Kendra worked with great passion, enthusiasm, and spirit to bring out **the Students' Annual Magazine "Miracles 2023-2024"**, reflecting and celebrating the skills of our young prodigies. **Miracles** chronicles the remarkable achievements, experiences, and triumphs of the students.

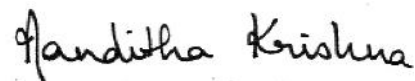
Editor : Dr. Prashanth Krishna

Layout & Design : Mr. R. Sathya Narayanan

THE PRESIDENT'S MESSAGE

In 2023-24, Saraswathi Kendra saw many innovations in structure and subjects. Apart from academics and extracurricular activities, special education and counselling were taken up vigorously to help our children. I am happy to see that there has been tremendous enthusiasm and improvement in their work.

My congratulations to the Principal, Mrs. S.M. Sujatha, Headmistress-Academics, Mrs. T. Usha, Headmistress and Chief Psychologist Mrs. S. Niraja, and all the staff who have worked very hard to make it a wonderful year.



Dr. Nanditha Krishna

President

The C.P. Ramaswami Aiyar Foundation

THE CORRESPONDENT'S MESSAGE

The academic year 2023-2024 witnessed a lot of major changes, including restructuring and innovations in academics and counselling. Mrs. S.M Sujatha has become the Principal. Mrs. T. Usha has become Headmistress – Academics. Mrs. S. Niraja is the Headmistress and Chief Psychologist. A lot of concentration was given to counselling and special education. All our staff have put in all their efforts for the growth and development of our children. My hearty congratulations to Mrs. S.M. Sujatha, Mrs. Usha, Mrs. Niraja and all staff members of Saraswathi Kendra for a great and wonderful year.



*Dr. Prashanth Krishna
Correspondent
Saraswathi Kendra*

THE PRINCIPAL SPEAKS....

What do you think is the goal of education or in simple terms, the purpose of you being enrolled in an institution of learning? Though it is knowledge, the prime goal is to make you adapt to the challenges in life or align with the challenges you will continue to face in life.

The world is full of challenges at all stages – trivial to major changes. What are the skills you require to overcome this?

First and foremost, **Communication Skills**. In the digital era, we have access to a wide variety of new ways to communicate from video conferencing to social media. The saddest part is there is a disability in terms of expression when you write or speak. Digital expressions have definitely robbed the discipline of language and communication. Continue to read, and improve your vocabulary or language. Remember, whoever you are or whom you aspire to become, **your success depends on proper communication.**

The next important set of skills one needs are **Critical Thinking and Problem Solving Skills**. It is indeed very essential in this rapidly changing world as we do not know when, where and how we will encounter problems. So, we need to come up with ideas to solve it for ourselves and for others if needed.

One more skill is **Collaboration and Cooperation Skills** that is required to work or lead a team, now in school or later on at work and at home.

Personal Management Skills include the ability to independently plan, organize, create and execute, rather than wait for someone to do this for you. Start with organising yourselves, starting with getting ready to learn without being dependent on your parents.

Inquiry Skills are very important as it will help you with an ongoing quest for knowledge rather than learning for assessments. This in turn, develops your **Creativity and Innovation Skills**.

The most important skill that is needed now, is the **Judicious Use of Technology**. Surprisingly this skill is something you need not be taught. However, emphasis and selection of using it only when required is important as it kills all the above mentioned skills. Use it for research oriented tasks, knowledge sharing, collaboration and collective learning from one another.

Empathy and Perspective Skills have always been important, but that is slowly disappearing. This is the most needed skill as it is the ability to put oneself in someone else's shoes, to understand their feelings, and to help solve their problems.

*Last but not the least are the **Green Skills and the Blue Skills**. These are abilities or knowledge one can use to prevent, monitor, or clean up pollution, and optimize stewardship and conservation of natural resources such as forests and water resources. Think about doing your job in the greener way or the bluer way. These **Sustainability Skills** will save our only home, **The Planet Earth!!!!!!***



*Mrs. S.M. Sujatha
Principal
Saraswathi Kendra*

OFFICE BEARERS OF THE ACADEMIC YEAR 2023-2024



Karthikeyan S
Head Boy



Akshaya S. Chidambaram
Head Girl



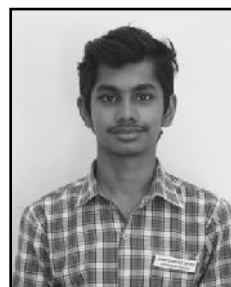
V. Kush Shukla
Sports Captain



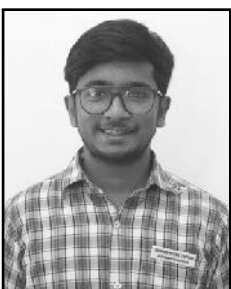
Ashwin Subash
Assistant Sports Captain



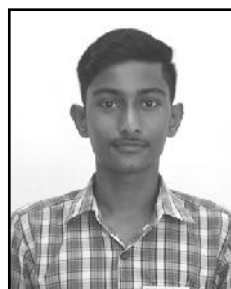
Avyukt Vignesh
Captain, Tiger House



Himanshu D
Vice-Captain, Tiger House



Yuvan Kumar Jain
Captain, Leopard House



R. Vishal
Vice-Captain, Leopard House



M. Sachit
Captain, Horse House



L. Ayush
Vice-Captain, Horse House



Adhvik Nithin Anand
Captain, Deer House



H. Ragul Krish
Vice-Captain, Deer House

THE STAR STUDENTS OF 2023 – 2024

S. No.	Name of the Student	Level
1	B. Siddharth	Primary II
2	Amalan S. Bharati	Primary III
3	Shlok Mathur	Junior II
4	Syed Hisham Azeez	Junior III
5	A. Sashankk	Preparatory I
6	B. Amritha Varshini	Preparatory III
7	S. Athreya	Pre - Secondary
8	S. Nivedana	Secondary
9	S. Sampoorna	Secondary
10	G. Nithish	Senior Secondary I
11	J. Jayakripha	Senior Secondary II
12	S. Karthikeyan	Senior Secondary II

SPORTS CHAMPIONSHIP

Best House	:	Tiger
Runner-up House	:	Leopard
Best Sports Boy Junior	:	H. Ragul Krish
Best Sports Girl Junior	:	K. Niranjana
Best Sports Boy Preparatory	:	Rayanth Krishna
Best Sports Girl Preparatory	:	S. Kanishka
Best Sports Boy Seniors	:	P. Sai Lakshan & V. Mohan Raj
Best Sports Girl Seniors	:	S. Nivedana

House	Points
Tiger	307
Leopard	281
Horse	280

YOUNG ACHIEVERS

S. No.	Name of the Student	Level
1	Ritika Jeevanandham	Primary III
2	H. Ragul Krish	Primary III
3	M. Amalvel	Preparatory I
4	P. Harsha Vardhan	Preparatory III
5	D.N. Shri Sai Raj	Preparatory III
6	K. K. Brinda	Pre - Secondary
7	H. Harry	Secondary
8	V. Priyamvada	Secondary
9	P. Sai Lakshan	Secondary
10	V. Dhevsree	Senior Secondary I
11	S. Syed Samsudeen	Senior Secondary I
12	R. Vishal	Senior Secondary I
13	Akshaya S. Chidambaram	Senior Secondary II
14	J. Jaya Jharna	Senior Secondary II
15	K. Shakthi	Senior Secondary II

SK ANNUAL REPORT 2023-2024

We are happy to highlight the activities of SK during the academic year 2023-2024. Mrs. S.M. Sujatha was appointed Principal. Upon the commencement of the academic year Mrs. T. Usha was appointed Headmistress – Academics and Administration. Mrs. S. Niraja in addition to her role as Chief Psychologist was also appointed Headmistress.

SK reopened on June 14, 2023 for all levels.

The curriculum for all levels was revised and enriched to make the students seamlessly fit in the dynamic environment. Along with academics, renewed focus was given to conversational and behavioral skills. In addition, equal importance was given to physical activities, art, craft, dance, and music. Students of SK enjoyed an academic year filled with friendship, teamwork, competitions, presentations, and learning.

In the NIOS board examination, conducted in April 2024, the Secondary and Senior Secondary students performed well.

2023

June 14

The new academic year 2023-2024 commenced with enthusiasm, confidence, eagerness, and commitment to build on the given opportunity.

June 21

The 9th International Yoga Day was celebrated by the students and the staff. The theme was “Yoga for Vasudhaiva Kutumbakam”. All the asanas, focused on disease prevention, health promotion and management of lifestyle related disorders, encapsulated ‘One Earth, One Family and One Future’.

June 27

A comprehensive medical checkup of students was conducted to monitor the well-being of the students.

July 3

Guru Purnima was celebrated by paying obeisance to all the teachers. A cultural program, anchored by Himasree S of Senior Secondary II, started by invoking Lord Ganesha. Villupattu, dance, English play, speech, and puppet show were the highlights of the program.

July 4

The National Level Art Competition “Rangotsav” was conducted. Their tag line ‘Celebration with Colours’ motivated our students to participate enthusiastically. Art Merit Trophy was given to D. N. Shri Sai Raj of Preparatory III, gold medal in photography was bagged by V. Sandhiya of Secondary, gold medal in tattoo making was clinched by B. Pavithran of Preparatory III, B. Amritha Varshini of Preparatory III bagged the gold medal in Greeting Card Making and J. Jaya Jharna of Senior Secondary II clinched gold in collage making.

S. Sai Charan of Primary III, Harshana Vinu of Junior II, Shlok Mathur of Junior II, Abi M of Preparatory I, K.S. Sahana of Secondary and Akshaya S. Chidambaram of Senior Secondary II bagged the golds in Colouring.

July 13

The Investiture Ceremony was presided over by our Correspondent Dr. Prashanth Krishna. The office bearers were conferred with badges and sashes. S. Karthikeyan of Senior Secondary II was elected the Head Boy, Akshaya S. Chidambaram the Head Girl, V. Kush Shukla, as the Sports Captain, Ashwin Subash of Senior Secondary I as the Assistant Sports Captain, M. Sachit, the Horse House Captain along with L. Ayush, the Vice-Captain, Yuvan Kumar Jain, the Leopard House Captain along with R. Vishal, the Vice-Captain, Avyakt Vignesh, the Tiger House Captain along with Himanshu as the Vice-Captain. Adhvik Nitin Anand of Junior II was elected the Deer House Captain with Raghul H of Primary III as the Vice-Captain. The oath of impartiality and honesty was taken by the office bearers.

July 16

Shakthi K of Senior Secondary II was awarded the 2nd place in the National Level Open Karate Championship Tournament.

**July 22
to
August 26**

Personal Contact Programme, a five-week programme, for Secondary and Senior Secondary students, was held. Demo classes were conducted to simulate the board practical examination environment.

July 28

Interschool Tiger Quiz Competition was held to commemorate International Tiger Day. S. Nivedana of Secondary and K.K. Brinda of Pre-Secondary bagged third place in the same.

August 4

The Annual Sports Day was organised at Rajarathinam Stadium. The mega event was graced by our Chief Guest Mr. Dawn William, General Manager (Rescues), Blue Cross of India, Chennai. The much-awaited launch of Saraswathi Kendra's Annual Magazine 'Miracles' for the academic year 2022-23 was unveiled by Mr. Dawn William.

Fun games were organised for primary students. Every student participated with great fervor to showcase her/his athletic prowess.

The track and field events tested their mettle. The winners took away medals, cups, certificates, and trophies as a souvenir of the memorable day.

August 5

The emagazine of "Miracles 2022-23" was released on www.saraswathikendramagazine.com

August 11

The Art Competition "Talent Kids 2023-24" organized by Global Event Managers, had five different categories where each category focused on one aspect of the drawing skill. Saraswathi Kendra students won Gold in all the five categories.

G.D. Vishnu Priya of Junior III; A. Shashankk and M. Amalvel of Preparatory I; Dhara Samuel, N.G. Pravanyaa and D.N. Shri Sai Raj of Preparatory III won the first place.

August 15	Independence Day was celebrated with the hoisting of the National Flag by Dr. Nanditha Krishna, President, The C.P. Ramaswami Aiyar Foundation. An inspirational speech was given by her to mark the 'Meri Mati, Mera Desh' campaign.
August 18	Students participated in 'The Indian Heritage Quiz' conducted by INTACH at Sri Sankara Vidyashramam, Thiruvananthapuram. It was a learning on agility and proactivity.
August 19	In the Interschool Tournament, Padi Sports Academy Kids Athletic Championship, Akshaya S. Chidambaram of Senior Secondary II won the first place in shotput. Sai Lakshan of Secondary secured the 3 rd place in shotput. M. Amalvel of Preparatory I secured the 3 rd place in 50M dash.
August 27	Students of Saraswathi Kendra participated enthusiastically in the "Vincera Social Marathon 2023", Run for Old Age Home, held at Olcott Memorial School, Besant Nagar.
August 28	The students celebrated Onam by setting up an attractive Pookalam.
September 1 to September 14	Two revision exams were conducted for board appearing students of Secondary, and Senior Secondary II. It was conducted to assess the students' preparedness for the board exams.

September 5	Krishna Jayanti was celebrated with Primary and Junior students dressed as Krishnas and Radhas. The festivity started with melodious invocation followed by a mesmerizing dance performance depicting the beautiful bond between Mother Yashoda and Lord Krishna. Vishnu Suktam, Kalia Mardanam and Geeta Shlokas added divinity to the celebration.
September 10	<p>V Sports Academy conducted Interschool Athletic Championship. S. Nivedana of Secondary won gold in 100M, 400M, and long jump. She secured the second place in shotput.</p> <p>S. Nivedana bagged the coveted Individual Trophy as well as 'The Best Athlete Award'.</p> <p>Akshaya S. Chidambaram of Senior Secondary II clinched gold in shotput, 100M dash and long jump.</p> <p>S. Karthikeyan of Senior Secondary II bagged the first position in 400M race and long jump. He secured the second place in 100M and shotput.</p> <p>Sai Lakshan of Secondary bagged gold in shotput and won silver in long jump.</p>
September 13 to September 22	The quarterly examination was conducted across all levels.
September 16 to September 25	NIOS Board Practical Examination was conducted by adhering to the stringent guidelines set by the board.
September 23	The quarterly vacation began.
October 3	Second Term began.
October 5	A condolence meeting was organised for Late Dr. M.S. Swaminathan, Chairman of C.P.R. Environmental Education Centre (CPREEC) and the Father of the Green Revolution in India, at the CPREEC Convention Centre.

- October 7** A meeting with the parents was conducted to provide an interactive platform to focus on the holistic development of the student.
- October 13** A one day educational field trip to Birla Planetarium and Guindy National Park was organised for Primary and Junior students. The trip was informative as well as fun.
Online Story Telling Competition was conducted by Madras Dyslexia Association. Students of Preparatory I participated whole heartedly.
- October 18** Darul Ansar Centre for Applied Learning organised 'Hop till You Drop' Interschool Competition.
Ritika of Primary III won the first place in Obstacle Course. She also won the second place in Pictionary along with H. Raghul Krish of Primary III.
P. Harshvardhan of Preparatory III won the recitation competition and was a runner-up in the Treasure Hunt competition.
B. Pavithran of Preparatory III bagged gold in Treasure Hunt as well as in Budding Scientists competition.
Shlok Mathur of Junior II was the runner-up in Budding Scientists competition.
Rishabh Sekar of Pre-Secondary clinched gold in Poster Making on Canva App. P. Sugadevan of Senior Secondary I was the runner-up for the same.
- October 20** "Arupadaiveedu – The Six Abodes of Lord Murugan" was the theme for the Kolu for Dusshera Celebration. Classical dance performances and soulful bhajans performed by students mesmerised one and all.
- October 24** Vijayadashami puja was held to mark the end of the Navaratri festival.

October 27	<p>Madras Dyslexia Association conducted an Interschool Competition to celebrate Dyslexia Week at RKM Higher Secondary School, T-Nagar.</p> <p>B. Amritha Varshini of Preparatory III won the first prize in the drawing competition.</p> <p>D.N. Shri Sai Raj of Preparatory III and A. Shashankk of Preparatory I bagged the third prize in drawing competition.</p> <p>D.N. Shri Sai Raj of Preparatory III won the first prize in Tamil poetry recitation.</p> <p>Vishnu Adokshaja of Preparatory III bagged the second prize in English poetry recitation.</p>
October 28	<p>Interschool Yoga Competition 'Mudivili Yoga' was organised by FSS Academy and sponsored by Decathlon Sports India Private Limited, Teynampet.</p> <p>V. Priyamvada and S. Nivedana of Secondary won the first prize.</p>
November 10	<p>Our students wore traditional attires for Diwali celebration. The importance of celebrating Diwali and the significance of lighting clay lamps were narrated by various students.</p>
November 24	<p>The lighting of lamps by students on Karthika Deepam signified the illumination of knowledge.</p>
December 11 to December 19	<p>The half-yearly examination was held across all the levels.</p>
December 20	<p>Christmas celebration was a potpourri of Christmas carols, stories and angels' dance. The highlight of the program was the 'Visit by Santa'.</p>
December 20	<p>Half-yearly vacation began.</p>

**December 21
to
December 23**

An intensive workshop to enhance the teaching methodology was conducted for the teachers of Saraswathi Kendra. 'Mastering Teaching' was a three-day workshop conducted by Mr. Vijay Gupta of Shikshangan. It focused on the nuances of 'What, How and Whether'. The workshop equipped teachers with a range of techniques and models.

2024

January 2

The Final Term began.

Dr. Nanditha Krishna, President, chaired a meeting with the teaching staff of Saraswathi Kendra. The objective of the meeting was continued focus on remediation with agility.

January 5

Creative Writing Competition was held to bring out the students' creativity. It enhanced their confidence and proficiency in English writing skills.

January 6

A meeting with the parents was held to provide an interactive platform for the parents and the teachers to review the milestones achieved by the student.

January 12

The harvest festival Pongal was celebrated with the traditional folk dances Kargattam, Mayil Aattam, Puli Aattam, Poikkal Kuthirai Aattam, performed by folk artists.

Pushpanjali dance was performed by B. Ashwatha of Secondary. Pongal prepared on an open hearth was served to the students and staff.

**January 20
to
February 24**

Personal Contact Programme (PCP) was conducted to guide the board appearing students of Secondary and Senior Secondary levels. Demo classes were conducted on Saturdays to stimulate the board practical environment.

January 22

The joyous moment of the Ayodhya Consecration Ceremony (Ram Pran Pratishtha of Ram Mandir, Ayodhya, Uttar Pradesh) was celebrated by soulful renditions. Dr. Nanditha Krishna, President sent the message of unity, peace, and prosperity to the eminent body of the press present on the campus.

A live telecast of the ceremony was broadcast for the students to see History in the making.

January 26

Republic Day was celebrated with great éclat. The National Flag was hoisted by our President Dr. Nanditha Krishna. Our Correspondent Dr. Prashanth Krishna welcomed the gathering. A cultural program was presented by the students to mark the happy occasion.

January 27

Badminton Singles and Mixed Doubles Interhouse Tournament was held.

February 9

Annual Day was held at R.R. Sabha, Mylapore. The welcome address was delivered by Dr. Prashanth Krishna, Correspondent. Students were felicitated for their excellence in sports and academics. The celebration was beautifully conceptualised. The fine display of music, dance, drama, and mime in an artistic carousel orchestrated by students was marvelous.

The Annual Day celebration was truly a matter of grandiose and pride.

With the successful culmination of outdoor and indoor games, the total points earned by Horse House was 280. Leopard House earned 281 points and with 307 points, Tiger House was the Champion. Overall the Championship Trophy for the Academic Year 2023-24 went to the Tiger House.

February 14

The International Rangotsav Art Competition was held. The finalists participated in colouring, collage making, tattoo making and photography competitions.

R. Sreenidhi of Secondary won the 2nd Prize Alexa in Colouring.

J. Jaya Jharna of Senior Secondary II bagged the International Art Merit Award for Collage Making.

K.S. Sahana of Secondary clinched the International Art Merit Award for Colouring.

Akshaya S. Chidambaram and J. Jaya Kripha of Senior Secondary II won the International Medal for Colouring.

A. Sashankk of Preparatory I won the International Medal for Colouring.

Shlok Mathur of Junior II clinched the International Medal for Colouring.

B. Amrithavarshini of Preparatory III won the International Medal for Tattoo Making.

K.S. Sahana of Secondary won the International Medal for Photography.

**February 16
to
February 24**

Revision examinations were conducted for board appearing students of Secondary as well as Senior Secondary.

February 17

Students participated in “Odi Vilayadu” at YMCA. Sakshi Neelakandan of Preparatory I won Gold in 100M and Silver in 50M dash. V.S. Megavarshini clinched Gold in Tennis Ball Throw and won Bronze in 50M dash.

February 29

A one day educational field trip to ‘The Government Museum’ Egmore was organised for the Preparatory students. The exquisite collections of art & artefacts, and sculptures mesmerised the young History students.

March 2	A farewell party for Senior Secondary II students was organised by Senior Secondary I students. The day was filled with motivational speeches, games, jokes, and Bhangra. The send off with abundant hopes, was for the Senior Secondary II students to chase their inexhaustible dreams.
March 4	Potluck lunch was permitted by the students of Secondary, Senior Secondary I, and Senior Secondary II. Social eating was promoted to bond, connect and nurture each other as a group.
March 6	A one day educational field trip to “India Seashell Museum” was planned for Pre-Secondary, Secondary, Senior Secondary I, & Senior Secondary II students. The students were in awe after seeing the ocean’s treasure trove. The trip was an amalgamation of fun and learning.
March 11 to March 26	The NIOS Board Practical Examination was conducted by adhering to the stringent guidelines set by the board.
April 1	Mrs. Padmini Balagopal conducted a workshop on “Why Lifestyles and Health Must be taught at Schools?”. The workshop focused on realistic and sustainable ways to eat and understand food. She emphasised on the effects of diet on health and the benefits of catching them young.
April 2 to April 13	The annual exams were held for all the levels.
April 18	An Open Day was conducted with the parents to review the milestones achieved by the students. A personalised learning plan was drafted to meet the needs and interests of each student.

**April 22
to
April 30**

Remedial Classes were conducted to provide students with the opportunity to revise and redo at their own pace. These classes helped in bridging the gap between understanding and learning.

April 24 & 25

A two day workshop was conducted by Mrs. S. Niraja and her team which was tailor made for teachers. The workshop focused on various aspects such as fulfilling the emotional quotient of students; Effective Remedial Methods and Team Building based on Positive Strokes.

April 30

Last working day for the staff of the Institution for the current academic year.

May 1

Annual vacation began.

GROUP PHOTOS



Junior



Primary



Preparatory I



Preparatory III



Pre-Secondary



Secondary



Senior Secondary I



Senior Secondary II

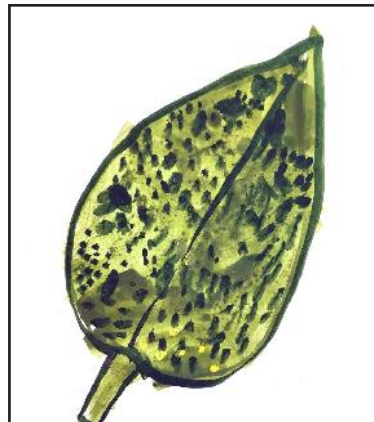


SARASWATHI KENDRA TEAM 2023-2024

ART WORKS



H. Ragul Krish, Primary III



Ivan Salvi, Primary III



Ritika Jeevanandham, Primary III



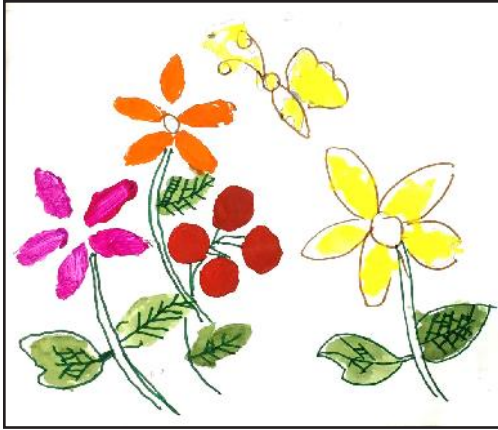
S. Sai Charan, Primary III



Harshana Vinu, Junior II



Nalin M, Junior III



Shlok Mathur, Junior II



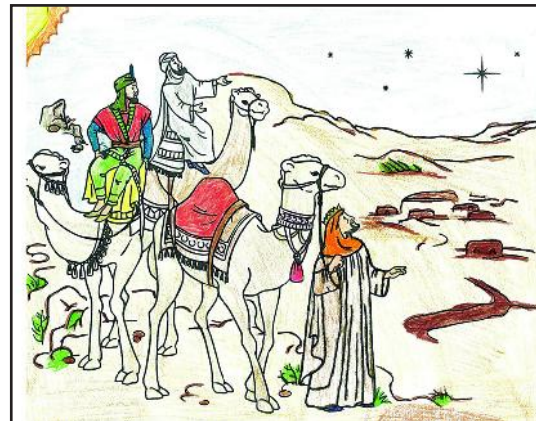
Vidhusha Karthick, Junior II



Syed Mohammed Hisham, Junior III



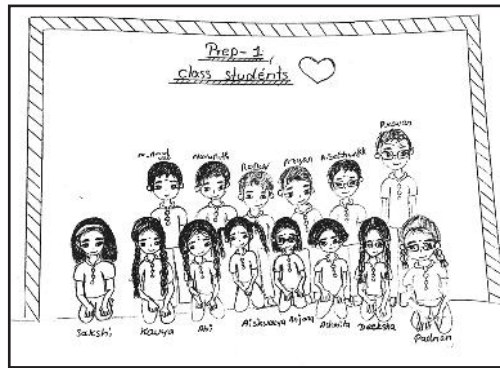
V. S. Megavarshini, Junior III



A. Sashankk, Preparatory I



A. Sashankk, Preparatory I



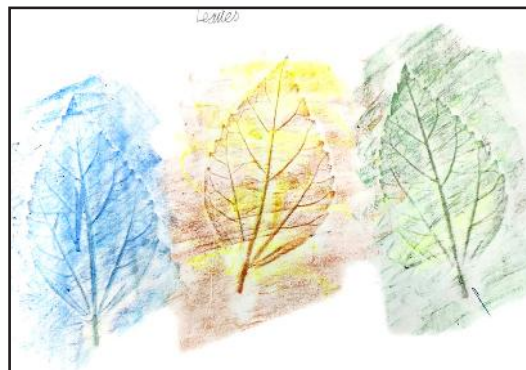
Abi M, Preparatory I



Abi M, Preparatory I



M. Amalvel, Preparatory I



Ronav Chauhan, Preparatory I



S. Kavya, Preparatory I



B. Amrithavarshini, Preparatory III



B. Amrithavarshini, Preparatory III



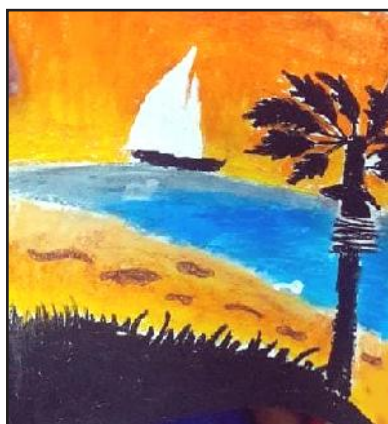
B. Amrithavarshini, Preparatory III



D. N. Shri Sai Raj, Preparatory III



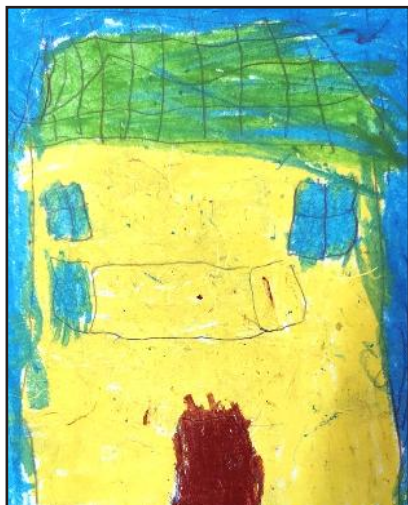
D. N. Shri Sai Raj, Preparatory III



Dhara Samuel M, Preparatory III



N. G. Pravanyaa, Preparatory III



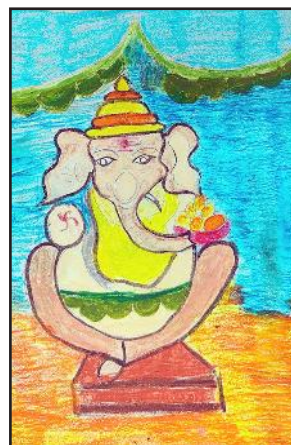
S. K. Tharun, Preparatory III



Vishnu Adokshaja, Preparatory III



P. Sivanambi, Pre - Secondary

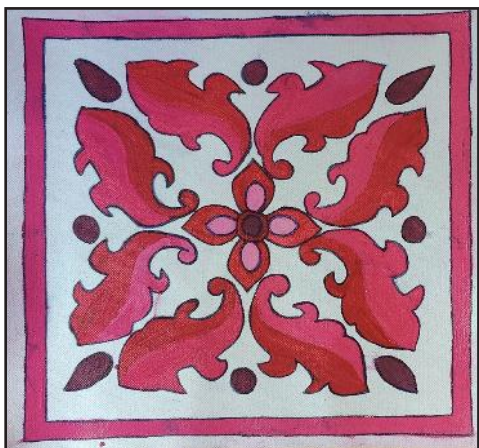


A. Mukhti, Pre - Secondary



B. Aswatha, Secondary





K. K. Brinda, Pre - Secondary



Iniya Ramesh, Secondary



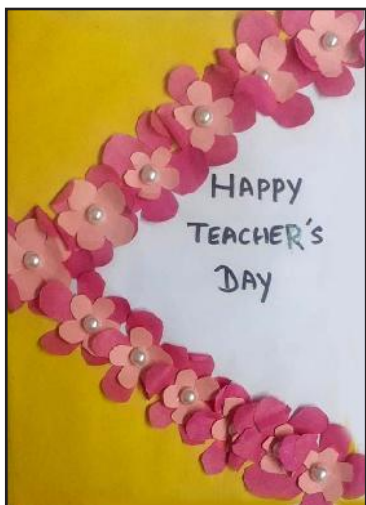
Iniya Ramesh, Secondary



Pranav Sarang, Secondary



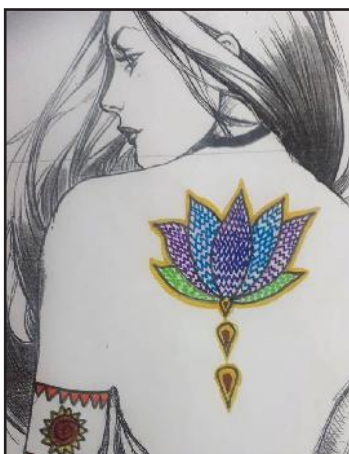
R. Sreenidhi, Secondary



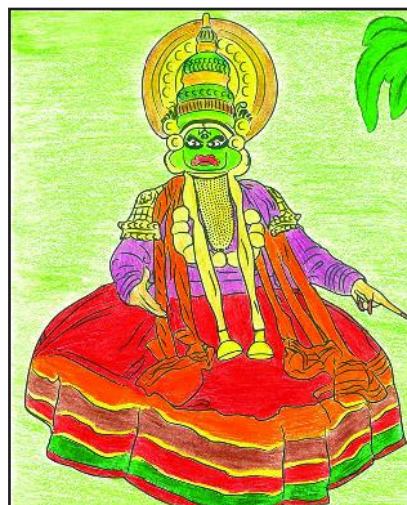
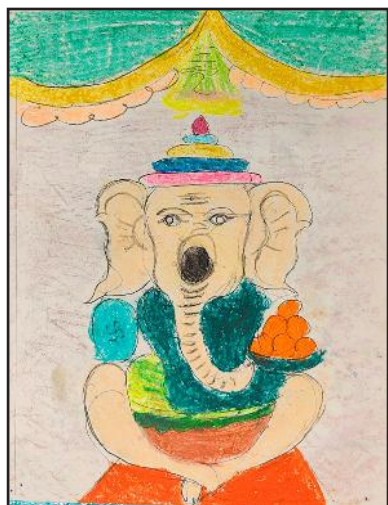
R. Sreenidhi, Secondary



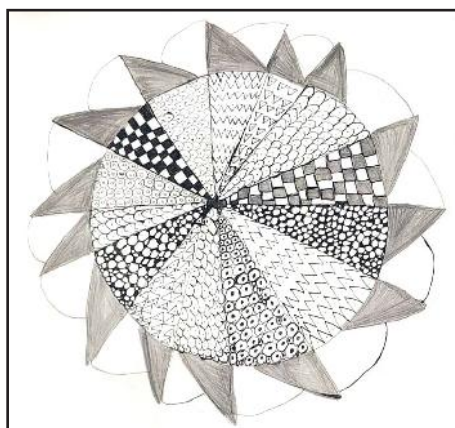
K. S. Sahana, Secondary



Sampoorna S, Secondary



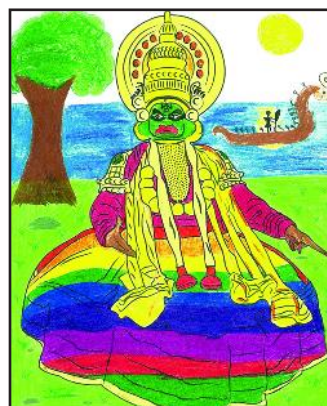
V. Sandhiya, Secondary



Sruti S. Bhardwaj, Senior Secondary I



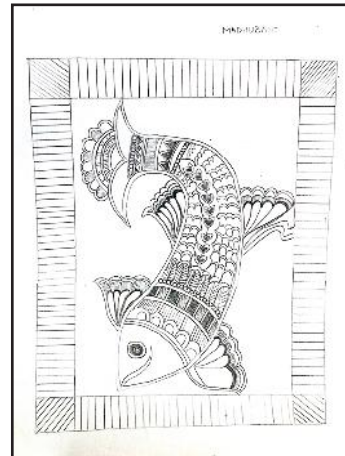
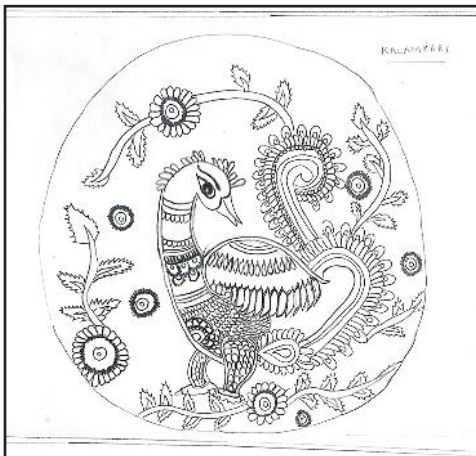
V. Dhevsree, Senior Secondary I



**Akshaya S. Chidambaram,
Senior Secondary II**



J. Jaya Jharna, Senior Secondary II



J. Jaya Kripa, Senior Secondary II



Yuvan Kumar Jain, Senior Secondary II

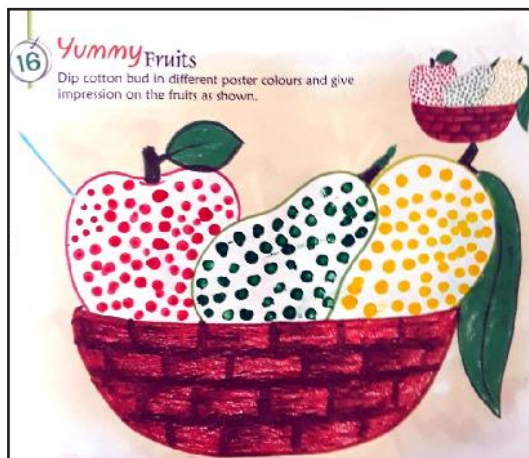
CRAFT WORKS



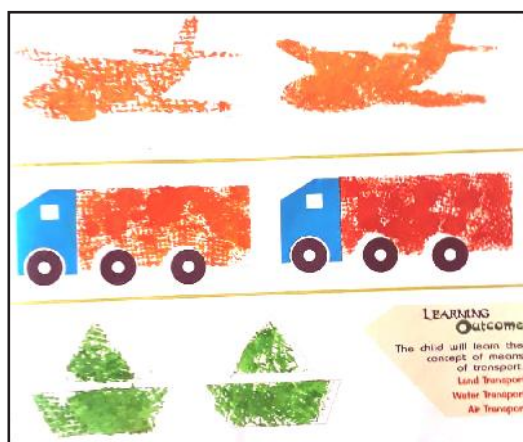
M. Aarav, Primary II



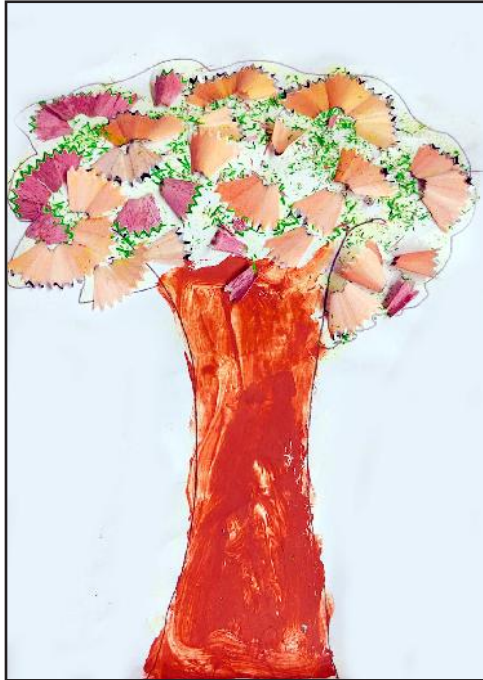
Rasika Jeevanandham, Primary II



Sree Raghav N, Primary II



Amalan S. Bharati, Primary III



H. Ragul Krish, Primary III



S. Sai Charan, Primary III



Adhvik Nitin Anand, Junior II



G. Tarun Kumaran, Junior II



Harshana Vinu, Junior II



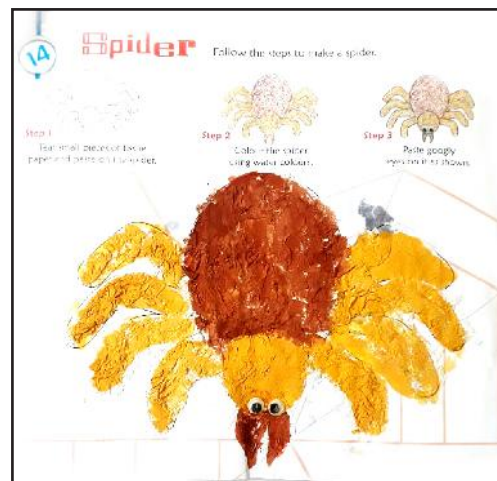
Nalin M, Junior II



A. Jashwaanath, Junior III



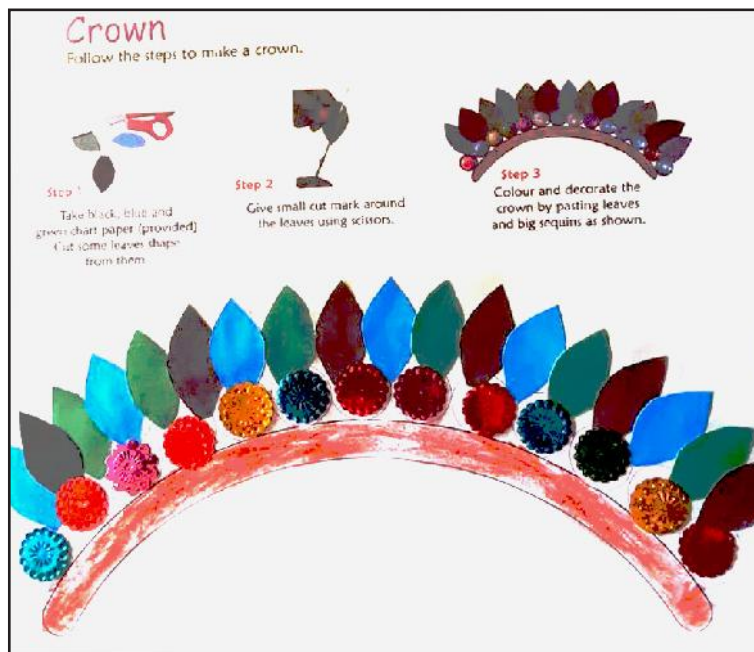
Syed Mohammed Hisham, Junior III



V. S. Meghavarshini, Junior III



Abi M, Preparatory I



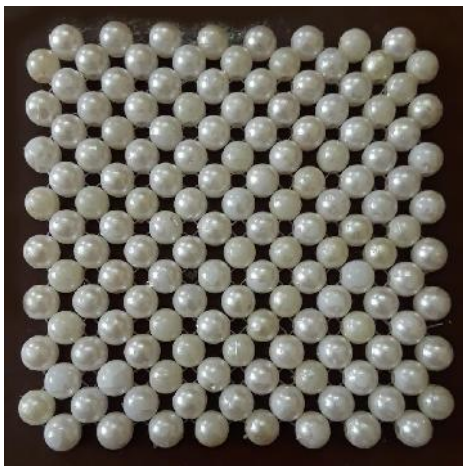
Deeksha Prabhu, Preparatory I



Sakshi Neelakandan, Preparatory I



A. Mukhti, Pre - Secondary



S. Sampoorna, Secondary

ANNUAL DAY - FEBRUARY 9, 2024





SPORTS DAY - AUGUST 4, 2024





EVENTS



International Yoga Day - June 21, 2023



Independence Day Celebrations - August 15, 2023



Guru Purnima Celebrations - July 3, 2023



Investiture Ceremony - July 13, 2023



**Krishna Jayanthi Celebrations -
September 5, 2023**



Navratri Celebrations - October 20, 2023



Onam Celebrations - August 28, 2023



Pongal Celebrations - January 12, 2024



Republic Day Celebrations - January 26, 2024



**Christmas Celebrations
- December 20, 2023**



**Celebrations for the Ram Temple (Ram Prana Pratishtha)
Consecration at Ayodhya, Uttar Pradesh - January 22, 2024**



Homam for the NIOS board going students - January 29, 2024



A Parent Teacher Meeting

NIOS BOARD PRACTICAL EXAMINATION - MARCH 2024



CHAMPIONS OF SARASWATHI KENDRA



'Sedimentation' Junior II



'Nest' Junior II



**Nitish G at APL Global Sports
Tournament**

AWARDS AND ACCOLADES



“Odi Vilayadu” at YMCA



DACAL Competition Winners



Future Star Sports Winners



**International Rangotsav Competition
Winners**



Global Art Competition Winners



MDA Competition Winners



Mudivili Yoga Competition Winners



Rainbow Art Contest Winners



Rangotsav Competition Winners



RASA Participants



Shakthi K, Senior Secondary II



**V. Priyamvada, Secondary Winner of
State Level Badminton Tournament**



**V Sports Interschool Athletic
Championship Winners**



V. Dhevsree, Senior Secondary I



Vincera Social Marathon Participants - August 27, 2023



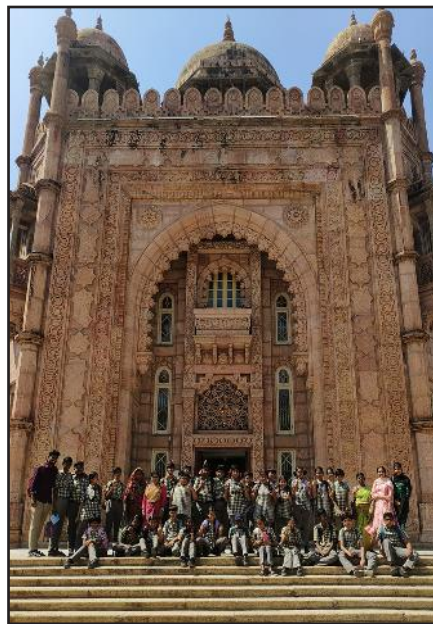
Farewell Party of the Senior Secondary II 2024 Batch - March 2, 2024



Personal Contact Programme



**Educational Field Trip for Junior Level Students,
B. M. Birla Planetarium - October 13, 2023**



**Educational Field Trip for
Preparatory Level Students,
The Government Museum,
Egmore - February 29, 2024**



**Educational Field Trip for Senior Level Students,
India Seashell Museum - March 6, 2024**

ANIMALS

Wild animals live in zoo.
Farm animals live in farms.
Monkey lives on trees.
I love animals.

Ritika Jeevanandham
Primary III

DOS AND DON'TS

Respect your elders.
Help everyone.
Listen to your parents.
Read books.
Try helping grandparents.
Maintain discipline.
Don't play with mobile for long.
Don't touch electric plug point.

Smrithi Chandrasekar
Junior II

ABOUT ME

My name is Adhvik. I study in Junior II. I am a huge football fan.
I am in training for a career in football. My coach is very nice to me.
I love my classmates and all my classmates are nice to me. I love my school.
I love my family and my friends too. I like to travel around India.

Adhvik Nithin Anand
Junior II

SHARING IS CARING

Sharing and caring is another name for '**affection**'. It builds relationships. Sharing should start from childhood. Help anyone who is in need. Sharing and caring should be done when people need help in disasters like floods. Sharing and caring for people is love.

P. Vinayak
Junior II

MY FAVOURITE FOOD

My favourite food is Dosa. My favourite fruits are Apples and Oranges. My favourite vegetable is Broccoli. I love to fruits and vegetables. My friend's favourite foods are Pasta, Chocolates and Cupcakes. I like milkshakes too.

V. S. Megavarshini
Junior III

MY FAVOURITE FESTIVAL

My favorite festival is Pongal. Pongal is the main festival of farmers. They celebrate the festival in the village after the harvest.

My family and I go to the temple to celebrate Pongal. At home, we cook sweet Pongal outside the house on an open hearth. Pongal is a four-day festival celebrated in Tamil Nadu. Bhogi, Suriyan, Maatu and Kaanan Pongal are the days of fun and festivities.

Abi M
Preparatory I

TREASURED FRIEND

You are the friend, who calms my spirit.
Your voice brings me joy, each time I hear it.
Your delight in my triumphs and sad in my sorrows,
You bring back the joy that misery borrows,
Whether together or miles apart,
You are the friend,
I hold in my heart!

A. Sashankk
Preparatory I

SAVE TREES

We should not cut trees because they provide shelter to animals. Birds build nest on the trees. Trees provide us shade and fruits. Green tree cover makes the area beautiful.

We must not remove trees from where they were growing as it can cause soil erosion. Cutting trees will make soil less fertile. It will turn a fertile land into barren land.

We should plant more trees and sow seeds for the future. Deforestation should be replaced with reforestation. Plant trees in large number and stop people from ruining our future. Global warming is bad for Earth. Everyone pitch-in to save our world. We have only one Earth.

Make Mother Nature Happy!

Aryan
Preparatory I

MY FRIENDS

I have so many friends. They are kind, caring, joyful and active. I love my friends and I want to stay with them. I am happy to see them at the school. It uplifts my mood, and the day becomes fun!

I play, learn, and do yoga with my friends. Lunch and snack breaks gives time to chit-chat. We talk about everything. My favourite days are when we come to school in colour dress. Festival celebrations becomes more special.

I am happy to have wonderful friends. I want to go on picnics and spend more time with them. Friendship makes me happy and better. I love 'Friendship Day'.

To me, every day is a 'Friends' Day'!

**Anjana P
Preparatory I**

FESTIVALS - DIWALI

Festivals hold a special place in our heart. It brings Joy, Togetherness and Cultural Identity. My favourite festival is Diwali. It is celebrated with immense joy and enthusiasm in India and among Indian Diaspora worldwide.

Diwali is a five-day long festival celebrated with lights on day five. Before crackers and sweets, we pray to Goddess Lakshmi, deity of wealth and prosperity. Then, we burst green crackers and distribute sweets to friends & family.

Diwali, the Festival of Lights, encourages us to embrace goodness, compassion, and unity.

**M. Amalvel
Preparatory I**

FRIENDSHIP - A SPECIAL BOND

My friend and I share a very special bond. This bond is called friendship. It surprises me, at times, how similar our tastes are? We like the same colour, same food, same songs, and the same subjects.

We both love Art, Craft and Sports. We are passionate about running. I'm not bothered who wins or loses but I love to run along with my friend. We help each other and we support each other. This special bond will always exist.

Sakshi Neelakandan
Preparatory I

MY DREAM TRAVEL DESTINATION

Wow! I love Hong Kong. It has tall buildings and I wonder if I could touch the clouds. I want to visit Disneyland and meet their characters like Mickey Mouse and Minnie Mouse. I can't imagine giving Mickey Mouse a big hug and taking a selfie with Donald Duck and Pluto.

Hong Kong is also a foodie's destination. I would like to try dumplings, noodles, pasta, pizza, fried chicken, and French fries. I want to enjoy every bit of my trip.

Manu A
Preparatory III

MY DREAM TRAVEL DESTINATION

My dream destination is Ladakh. Ladakh, is a region located in the northernmost part of India, a Union Territory. It is known for its breathtaking landscapes, unique culture, and rich history. Ladakh is referred to as "the land of high passes" due to its high altitude and the numerous mountains passes that connects it to the rest of the country.

One of the most striking features stunning natural beauties. Region is surrounded by towering snowcapped peaks, deep valleys, and crystal-clear lakes. It is also home to a diverse wildlife and various species of migratory birds.

Ladakh is renowned for its rich cultural heritage. The region is inhabited by the people of Tibet and Indo-Aryan descent. Their traditions and customs are deeply rooted in Tibetan-Buddhism culture.

In recent years, Ladakh has become a popular destination for adventure seekers and outdoor enthusiasts. Its unparalleled beauty fascinates me. A visit to Ladakh is not just a journey to a remote corner of India but a journey into the Heart of Himalayas and into the Soul of its People.

D. N. Shri Sai Raj
Preparatory III

FRIENDSHIP - THE SPECIAL BOND

The special thing I ever had,
Is the friendship of my friend.
The huge power of a friendship,
Is the thing that it never ends.

I play with my friend,
I fight with my friend,
But we are glued together,
That can never lose each other.

I share secrets with my friend,
I create drama with my friend,
The huge power of friendship,
Is the thing that it never ends!

B. Amrithavarshini
Preparatory III

MY VACATION

Last vacation, I went to Kerala with my family. I went boating, swimming, and sight-seeing with my family. I saw group of beautiful peacocks in the hills of Kerala. One peacock came very close to me. I was scared but it made me very happy.

One day, we were travelling from one place to another, we saw elephants. I was surprised to see elephants from close range. Elephants were huge and magnificent. I was awe-struck. Happy time with my family combined with awesome experiences made my vacation the happiest one. I am in love with Kerala now.

Rayanth Krishna
Preparatory III

BEAUTY AROUND ME

The beauty around me is nature,
the joy of the people I see,
the smile of the people I see,
And the politeness of the people I see,
Makes my face happy and beautiful.

The sun shines making the world shine,
It makes my face shining and beautiful,
It brings smile to the people around me.
The natural joy of the people,
Is the true beauty for me!

B. Amrithavarshini
Preparatory III

ART - MY TAKE ON THE WORLD

When I step out of my home every morning to go to the school, I see the walls so plain. Instead, you can paint the walls and make it colorful, cheerful, and bright. These paintings can be beautiful as well as impactful. 'No Littering' or 'Prioritise Yourself' messages can be painted on the walls of parks, bridges, and hospitals.

Abandoned places can be turned into a canvas. The plain, boring walls will come alive. The dull and boring walls will be transformed into a world of paintings.

Dhara Samuel
Preparatory III

MY SECRET RECIPE

The secret of making the dough is the more you knead the dough the softer your phulkas will become. Phulka means 'to bloat up'. So, when your chapati bloats up only then it'll be considered to be a good phulka.

So, you knead wheat dough well with comfortable hands. If you want, you can even press it as hard as you want. It will become better. Now grab a size of a plum and rotate this to create a nice ball. Roll it with a rolling pin. Let it dance on the platform. Sprinkle wheat flour when necessary.

Heat a flat griddle and put the rolled flat bread on the heated griddle. Flip it after a minute. Take the flat bread from the griddle and put it directly on the open fire. See it bloat. Flip it to the other side. See another bloat.

Hot and soft phulkas are ready to be served. Bon Appetit!

Aditya S. Chilukuri
Pre - Secondary

MY ROLE MODEL

My role model is my father Bhargava Rama. He works as a professor at IIT Madras. He is my teacher as he helps me in my studies. He is kind and lovable. He will support me throughout my life.

I, too, want to become a professor like him in IIT Madras. I am inspired either by Albert Einstein or by my father. He is the Best!

Aditya S. Chilukuri
Pre - Secondary

MY DREAM TRAVEL DESTINATION

My dream travel destination would be to fly from here to Japan. Why Japan? Because I'm a car enthusiast who specially loves JDM (Japanese Domestic Market) cars. Besides, Japan has so many awesome places for me to see as well.

One place I would love to visit is the Nissan Omori Factory. This is a place where Nismo variants are built. Nismo is Nissan's performance variant but to have an eye on that, you need special invitation. If it doesn't work out, there's always the Nissan's Heritage Museum. It has every single legendary Nissan, even the first 'Godzilla'.

Second place I would love to go is Ebisu Higashi. It is a huge complex with drift tracks. My dream travel destination will always be a car heartland.

Rishab Sekhar
Pre - Secondary

MY FAVOURITE FESTIVAL

My favourite festival is Pongal because I get to celebrate it for four days. Holidays from school adds to the festivity of the festival. The first day is celebrated as Bhogi Pongal where old things are replaced by new signifying new beginnings.

The second day is celebrated as Surya Pongal where sweet Pongal is made on open hearth. The third day being Mattu Pongal takes care of the domesticated animals. And finally, my favourite day Kanum Pongal. The fourth day is for visiting families and friends. More the visits, More Pongal.

"Pongalo Pongal"

A. Yajnesh
Pre - Secondary

SOCIAL MEDIA

Ah, Social Media! It is a word almost all of us have heard it at least once in a lifetime. And I can assure you that everyone reading this have used it and still use it every single waking moment of their life.

What started out as a way for me to share things for my own sake and joy became a platform where I very thoughtfully and selectively began to share my things that fits the unwritten rules of social media posting for the respective platforms.

Social media is becoming its own culture, and it has been getting harder and harder to understand. The way someone portrays their life or themselves on a platform is not necessarily representative of who they are in person. It is most important for us to remember that nothing is ever as perfect or imperfect as it may seem.

Share and post what makes you happy because at the end of the day, your account for you to enjoy.

"Nobody really loves it or hates it, but no one can live without it."

S. Athreya
Pre - Secondary

MY DREAM JOB

My dream job is to become a chef. I like to cook at home because my homies do not cook very well. I am practicing daily and I'm getting better day by day. Everybody tells me to become a doctor. But I want to pursue cooking. Not only for my taste buds but also to provide food to the homeless.

I love to cook and eat Chinese food. I want to bake cakes, make biryani and fried rice. I want people to connect over food. Having meals together with your family is therapeutic and healing. One day I'll be able to have my own restaurant. Till then

Keep Cooking!

Mukhti

Pre - Secondary

MY DREAM TRAVEL DESTINATION

I always wanted to go to South Korea because there are many unique things to see, taste and experience. But the main reason I want to go to South Korea is to attend BTS and Black Pink concerts. I want to see miracle unfolding in front of my eyes. I am a huge fan and want an opportunity to cheer them from the audience.

I do want to experience different cultures and meet people who share the same interests.

Disneyland of South Korea, known as Everland, is a place to visit. Exotic rides, dangerous roller coasters, giant wheels and trampoline park are enough to attract the masses. South Korea also has many technological feats. It is the biggest gadget market.

Fashion hasn't left South Korea untouched. I want to visit and experience everything firsthand. My dream destination is South Korea.

K. Rithva

Pre - Secondary

MY LIFE'S DREAM

My dream is to become a businessman, own a company. I will employ many employees to run my company smoothly. I will be very friendly to my employees as peaceful work environment boosts productivity.

I would love to keep a pet cat. Cats fascinate me. My family can grow around my pet. Life should be an enjoyable journey. Work should be balanced with family time. All work and no play will stress me a lot. So, in my dreams, I am allowed to take vacations and travel across the globe.

Havirdhan N
Pre - Secondary

FESTIVAL OF INDIA - RATHA SPTAMI

Ratha Sptami is celebrated in the Vishnu temples in the Tamil month of Thai. This is celebrated on Sptami tithi of Shukla Paksha i.e. seven days after the new moon. This festival is celebrated across the world, but three temples celebrate this in a very grand way. Tirupathi, Sri Rangam and Thirukandiyur are flocked by numerous devotees to witness the celestial ritual.

First vahana is 'Surya Prabha', the Sun God. Perumal sits on the Sun God and goes round the temple. This is followed by 'Chinna Sesha' vahana, the 'Garuda' vahana, the 'Hanumanta' vahana, the 'Kalpavruksha' vahana, the 'Sarva Bhoopala' vahan and the 'Chandra Prabha' vahan.

It marks the birth of Surya and hence is also celebrated as Surya Jayanti. It is symbolic of the change of season to spring and the start of the harvesting season.

This is the day that Surya Uttarayan's journey, which took off on the day of Pongal, obtains the correct altitude as it were and positions his chariot drawn by seven horses for the onward journey for the next six months.

A sea of humanity will be present to witness the processions of Lord Venkateswara Swamy on seven different vahanas, marking the Ratha Saptami festival.

P. Sivanambi
Pre - Secondary

MINDFULNESS

Mindfulness is being present in the present. It is not getting lost in the past or waiting for the future. It is about observing what happens in your surrounding in your body, heart, and mind.

It is a Zen way of life - path of pristine and profound peace. It is not difficult; we just need to remember to do it. Mindfulness is a journey from frustration to freedom, from chaos to calmness.

Bhagwad Gita prescribes mindfulness as the way of being detached from the onslaught of senses to attain the state of 'stithpragya'....a state of imperturbable.

Mindfulness is not only a passive awareness but also a purposeful awareness of your mind. It provides a meaning to our life.

"Be Mindful"

Srivats Lakshmanan
Pre - Secondary

1. How does the ocean say 'Hello'?

It Waves!

2. What do you call a cute door?

Adorable

3. What do you call a person with no body and a nose?

Nobody Knows

4. What do you call a road with no cars?

Useless

5. What do you call a flying bus?

Airbus

Arjun S
Pre - Secondary

RIB TICKLERS

1) Why is 'Dark' spelled with the 'K' and not a 'C'?

Because you cannot 'C' in the dark

2) What do you call a witch who lives in the desert?

A Sand Witch

3) What do you call a sick eagle?

An ill - eagle (illegal)

4) What does a house wear?

A dress (address)

5) Why are spiders so smart?

They can find everything on the web

6) Which is faster hot or cold?

Hot because you can catch a cold

- 7) Why don't oysters share their pearls?
Because they are shellfish (selfish)
- 8) If Apple made a car, what would it be missing?
Windows
- 9) My doctor told me I'm going deaf.
The news was hard for me to hear.
- 10) My roommate says our house is haunted.
But I have lived here for 300 years and not noticed anything unusual.

Havirdhan N
Pre - Secondary

MY DREAM TRAVEL DESTINATION

I always wanted to go to Paris. It is the capital of France. Paris is a unique place with beautiful paintings and art. I love to draw, and it is one of my favourite interests.

In Paris, I would like to do sightseeing. Paris has a lot of places to visit like Eiffel Tower, Monnet's Garden, and many other attraction sites. Paris is known for its fine dining which ranges from bread & cheese to desserts. There are lots of things which are delicious. I would like to try all French classical cuisine like Cre'me Brule'e, Croissants, Macaroons and many more....

Paris is known for its fashion. It is named the Fashion Capital of the World. World's biggest and boldest designers come from France. Coco Chanel, Christian Dior, Louis Vuitton, Pierre Cardin, Chloe..the list is endless. Coco Chanel has made a big impact on how women fashion and on how they dress. Paris is one of the best shopping destinations in Europe.

**"Dear Paris, you are very charming and elegant.
I can't wait to explore You!"**

K. K. Brinda
Pre-Secondary

MY FAVOURITE FESTIVAL

Everyone loves to celebrate festivals including me. But my favourite festival is Deepavali because it is the festival of lights. In Sanskrit, Diwali or Deepavali means rows of lamps. People light lamps at Diwali to show that light is more powerful than darkness and goodness always wins over evil.

The reason that I love Diwali is because it brings family and friends together. In this festival we get to spend time together and have fun with each other. It is a great occasion to showcase our hospitality and love towards others. Festivals gives breaks from mundane routine. Let's go overboard and celebrate every festival with festive fervour.

Arjun S
Pre - Secondary

BEING A PET PARENT

When I was in my hometown in Ramapuram with my friends, Sam and I, went to buy a cricket bat for playing. After buying the bat we all went to our playground where Sam hit the ball to the end of the wall. I went to pick up the ball and I saw Simba there. The dog was looking cute. My friend suggested me to take Simba to my house as all my friends had pets at their home. I took it home. I had informed my sister before bringing the dog home.

The story starts here:

I brought Simba home and my mother allowed to keep the dog. My father returned home from office; he was shocked to see the dog. But he allowed me to keep the dog with some promises. We discussed a name for the dog and finalised on Simba from the movie 'The Lion King'. The dog was brave hence we kept the name.

My father made the plan for taking care of Simba. Monday to Friday, Simba will go for a walk from 4 to 5 in the evening. Every Sunday Simba must be given a grace and on normal days Simba must be given pedigree. On the first day I went outside with him, he came quietly with me after walking with me. As the day passed, Simba used to bark on everyone, and I was not able to keep him disciplined.

Before taking bath, the quiet Simba would run around the room and jump into my bed. My sister and I must drag him into the bathroom. If my father scolded me, he would bark on him. And, if my sister fights with me Simba will jump on her. When I came home from my school, he would be waiting for me near the school gate.

Once I forgot to take him to walk because I had an exam, my sister took him for a walk in the evening at 7:00. Simba got his left leg injured trying to save my sister from an incoming car. We admitted Simba in the hospital, but the doctor was not able to save him. We all were very sad. Simba sacrificed his life for his owner. He lived up to his name.

"Miss You Simba!"

S. Sarvesh
Pre-Secondary

MY MOM

I love my mom and I have many reasons to say this. My mother cares for me and showers her love in the food she prepares for me. I don't know what her favourite food is because she cooks only my favourites.

She doesn't force me to do household chores. At times, she bails me out of my room duties too. She always helps me in my studies. I excel because of her unwavering efforts.

She is a very cool mom. She allows me to play video games even during examination. She became a pet parent because I wanted cats as pets. She got two cats for me to play with.

"You Rock, Mom!"

Rohan Tantri
Secondary

NO COPYRIGHT SOUNDS

No Copyright Sounds (NCS) is a record label from London, UK founded by Billy Woodford. NCS releases high quality electronic dance music ranging from house to drums and bass, trap to dubstep and many more genres. Some famous artists who created music on NCS are Alan Walker, Elektronomia, NIVIRO, Rob Gasser and Unknown Brain.

One appreciable fact is that No Copyright Sounds is royalty free. It means anyone can use their music for free without any copyright issues as long as they give proper credit to NCS and their artists. Add a link to the original video of NCS and the download link to the track that they use.

Rohan Tantri
Secondary

SOCIAL MEDIA PITFALLS

Social media is a great way to connect with people and share moments with our loved ones but sure it has its own disadvantages.... Fake accounts, Scams, Blackmailing, Bullying, Sensitive contents... thousands of children, teenagers, and sometimes even adults fall for these.

We can prevent these by not answering to unnecessary messages, calls and follow request. Have adult supervision, avoid talking to strangers and reduce screen time. Children should not have social media accounts as it hampers their study. Teenagers should set a time limit on their screen time.

We should not upload any inappropriate picture or text and report if anything makes you uncomfortable. Don't send friend request randomly and to strangers. Have a closed and caring group. Social media is a great way to be in touch.

Advaith L. N.
Secondary

MY DREAM JOB

My dream job is to become an Art teacher. My inspiration is my Art Sir. I know that I have to do Master of Fine Arts. I am looking forward to doing a teaching course and start my Art classes. I want my students to pay attention to little details. Sincerity and confidence will perfect their Art. My passion and dedication will power my future to great heights.

I want to do social work too. I want to help the needy and provide them the necessities. My social work will not stop at humans. It will extend to my four-legged friends too. Taking care of strays and giving them love is the goal of my life. I want to shower my kindness on all creatures and provide a helping hand to all.

Sahana K. S.
Secondary

A MARTIAN ODYSSEY

Across Martian lands, a journey grand,
Seven virtues guide with a steady hand.
From North to South and East to West,
In each virtue, humanity's best.

In North America, friendship blooms,
In hearts and minds, in spacious rooms.
Boundless bonds, both old and new,
In unity, our strength we brew.

In South America, gratitude shines,
Amongst the vines and ancient lines.
For every blessing, every grace,
We offer thanks in every place.

In Europe, happiness takes flight,
In laughter's echo, in joy's delight,
Amidst the castles, fields, and streams,
We find our bliss in hopeful dreams.

In Africa, determination reigns,
In arid deserts and verdant plains.
With courage fierce, we March ahead,
No obstacle can fill us with dread.

Antarctica, land of peace,
Where frozen silence finds release.
In tranquil serenity, we find reprieve,
And in stillness, our souls perceive.

Australia, land of courage bold,
Where tales of bravery are told.
Amidst the wilderness, vast and wide,
We face our fears with an unwavering stride.

In Japan, knowledge blooms anew,
In ancient scrolls and skies of blue,
In wisdom sought, in lessons learnt,
The path to enlightenment discerned.

India, land of wisdom old,
Where stories of the wise are told.
In ancient texts and sacred lore,
The truths of life we explore.

Across Martian skies, these virtues soar,
Guiding us onward forevermore,
In unity, gratitude, and joy's embrace,
We find our way,

In this Martian space.

**Iniya Ramesh
Secondary**

ARTIFICIAL INTELLIGENCE CONQUERED THE WORLD?

Artificial Intelligence can never take over the world completely. AI can complete numerous mundane tasks fast and efficiently. But it cannot surpass its creator.

Artificial intelligence is powered by a set of logarithms which enables it to sift through zillions of data at lightning speed. Technological advancement is rewiring human mind too. Studies have shown that brain responds differently when a work is done by hand than by using the technology.

We have surrounded ourselves with Artificial Intelligence. It has entered into every aspect of our life....knowingly or unknowingly. Its job is to cater to ever increasing human desires in a jiffy. Our thinning patience has become the 'Mother of Innovations'. Artificial Intelligence is just a tool to use and nothing more. Enjoy its ride!

**Jayani
Secondary**

SOCIAL MEDIA- A WAY OF LIFE

Social media is to interact with people. We can communicate with people fast and easy. It helps us to keep in touch with people who are far away. There are various social media platforms now-a-days like Facebook, Instagram, Threads, X, etc.

Although social media has its benefits, it has its disadvantages too. One can get addicted to it, ones listening span will become short, you might get vision problems as well. There are many cases of cybercrimes and cyber bullying. There are a lot of fake accounts which may steal your information and threaten you if you don't be careful enough while using social media. Too much use of social media is a waste of time.

Using social media especially at a young age is harmful. In our future, social media has become a big part of life. It is being used everywhere there are a lot of positive effects of social media as well, for example it helped people who were stuck in the flood which happened in 2023.

Using social media this had helped the system and the police to get essentials and food to the affected and were rescued. Nowadays we can also do money transactions using social media because it is easy & safe and saves a lot of time. Social media is very helpful if used in the right way...

S. Nivedana
Secondary

FRIENDSHIP - AN EVERLASTING BOND

Friendship is one of the greatest bonds anyone can ever wish for. Lucky are those who have friends they can trust. Friendship is a devoted relationship between two individuals. They both feel immense care and love for each other. Usually, a friendship is shared by two people who have similar interests and feelings.

You meet many along the way of life but only some stay with you forever. These are your real friends who stay by your side through thick or thin. Friendship is the most beautiful gift you can present to anyone. It is one which stays with the person forever.

There are essentially two types of friends one good friends and the other true friends. Best friends or true friends are the ones with whom we share a special bond of love and affection. Having a true friend makes our lives easier and fills it with happiness.

Most importantly, true friendship stands for a relationship free of judgment. In a true friendship, a person can be themselves completely without the fear of being judged. It makes you feel loved and accepted. This kind of freedom is what every human strives to have in their lives.

R. Sreenidhi
Secondary

SOCIAL MEDIA AND ITS PITFALLS

Social media affects both physical and mental health profoundly. It may lead to depression, fear of being left out, cyber bullying, and addiction. Many psychologists have mentioned that too much exposure to the social media can negatively affect your mental well-being.

Fear of missing out (FOMO) is one of the biggest problems of social media. For example, you go out with your friends have fun but a small part of you might feel lonely and left out. Gradually, you creep into a shell and hide.

Second biggest problem is cyber bullying. YouTubers, Celebrities get bullied on social media and it leads to low self-esteem. A nagging anxiety keeps following the person - What will people think about them? How do I look or how should I dress to get more likes?

Last but not the least, social media's addiction can be worse than alcohol, cigarettes, or any other form of addiction. It affects you physically either you become obese or suffer from anorexia. To save our mind and body, I suggest using social media with a pinch of salt.

"Stay Safe, Stay Informed"

**H. S. Jeeya
Secondary**

SNOWBALL EFFECT OF WAR ON THE WORLD

The world woke up to the explosions in 2022, a nation battered by a conflict, shortly after which the international community felt the repercussions of a war-torn nation. The aftermath of the conflict began with the condemnation and implementation of sanctions on the so-called aggressor.

This was soon followed by widespread fatigue. Post conflict, inflation spiraled, and price skyrocketed significantly, oil and wheat prices soared. The war had taken a massive civilian toll and sanctions failed to curtail the conflict. The sanctions led to widespread economic undergrowth and as inflation was out of control, the international community felt the need to meet on the negotiating table.

Though a temporary truce was introduced but it was just the tip of the iceberg. Twenty-two long months of battle kept the world on edge. Fear of nuclear crisis, mass exodus and loss of human capital kept the world market jittery.

Eruptions of war cannot be encouraged and cannot go unnoticed. The world doesn't need another World War. The international community must realise that people need a common ground to survive. Unity is the best glue. It binds us together to face any adversity as humans.

U. Nimay Rao
Secondary

MY SCHOOL

School, an educational institution that provides learning spaces and environment for students, is also a place to make indelible memories which shape our identity, influence our behaviour and contribute to our overall well-being.

School always occupies a precious corner in our heart as it unites us with our lifelong friends. Friendship and friends are the most amazing part of schooling. It brings back the soothing and delightful hues of childhood memories. School life is the best time in everyone's life. In all sorts of chaos and confusion, we all agree that school life was blissfully peaceful.

School prepares us for an astounding future. It makes us college ready as we know that change is inevitable. At times, change can be frightening but school provides us wings to weather any storm and school friends are available to make our landing softer.

"School is a launchpad of life."

Yanush Bandi
Senior Secondary I

GOING SOLAR - ENERGY OF THE FUTURE

Our world is becoming more and more dependent on energy. We relied heavily on fossil fuels but over time we have realized that fossil fuel is harmful to the environment. It is limited and we must look around for alternatives.

Solar energy is one such alternative where we generate electricity from the rays of the sun using solar panels. Solar energy will be there for a long time, it is unlimited. It can fulfill the energy needs of our future. This will reduce our dependency on fossil fuels.

Solar panels can be installed on the roof of our houses. They have a lifespan of 25 years. Solar panels are low maintenance. Solar energy is reliable, consistent, cheap and protects environment.

Solar farms are coming in deserts and wasteland. The electricity produced will power our house appliances and much more. Using solar energy will generate a safe future for the next generation.

Chhavi Modi
Senior Secondary I

FRIENDSHIP - AN EVERLASTING BOND

Sometimes you can never know the true value of a particular moment until it becomes a memory. Making new friends, living every moment, and exploring all unique experiences are not just a coincidence in life. These events make life a journey worth living.

Making new friends is a process of making memories that are everlasting. Jennifer is one of my best friends. She was a new admission in 9th grade and the seed of our friendship was sown. I never knew that our friendship would turn out to be so delightful.

Our sneaking 'in - n - out' of our houses, our hide out spot and our shopping mall rendezvous are all imprinted in my memory. Our never-ending conversation, movie nights and completing homework together were magical moments spent with a dear friend. Strong friendship like ours thrives a lifetime.

Kyraa Anand
Senior Secondary I

GOING SOLAR - ENERGY OF THE FUTURE

Solar energy is the most popular form of energy under clean energy category. Modern cities are powering up in solar to fulfill their needs. Solar energy has become a fashion statement. It shows that you care for your planet.

Solar panels take power from the rays of the sun and convert it into electricity. The electricity generated is used to charge the batteries. Solar panels are powering the traffic signals and meeting the requirements of a household.

Government of India is installing huge solar panels in the villages to create solar farms. Electricity produced will be sold to nearby cities. Infrastructure is being built around solar farms. Huge investment and manpower have been directed towards the clean energy. Harnessing the clean energy, saving environment, and propelling economic growth is being fulfilled by going **Solar**.

Ayush L
Senior Secondary I

MY DREAM JOB - CRICKETER

My Dream Job is to become a cricketer and play for my state, Tamil Nadu. I have taken steps to fulfill my dream. I am putting in a lot of hard work, time, and energy in this pursuit. I listen to my coach attentively and remember every word. I am lucky to be surrounded by my well-wishers.

My school physical educator and my parents' guide me every step of the way. They are heavily invested in my sports journey. I practice daily and put in more hours during holidays. I take care of my diet and my form.

My first step will be to give all in TNCA under - 19 selections. I am preparing and inching closer to realise my dream.

Vishal R
Senior Secondary I

SOLAR ENERGY

Solar energy is the energy harnessed from the mighty sun. It is a clean energy and is stored in batteries for future use. Fossil fuels are ending, and people are worried about energy. We need to find an alternative soon.

What will be better than the energy harnessed from nature? It's uninterrupted supply and reduction in greenhouse gases provides a winning situation. Reduced carbon emissions and environment friendly emissions ticks all the correct boxes.

Lots of research has been done to harness the Solar power. Solar panels have become affordable. Government is going gung-ho on this green energy. It is providing various incentives to promote it. Tropical countries like India should pave the way for smooth transition from fossil to solar.

Sruti Sridhar Bhardwaj
Senior Secondary I

FRIENDSHIP

We need friends in every phase of our life. We express our feelings and joke about the difficulties with them. Whenever I call them, we laugh together and feel happy. I will spend whole day with my school friends but will start missing them as soon as I reach home.

Friends know each other's likes and dislikes. They know our strengths and weaknesses too. They always try to motivate and never make fun of our weaknesses. My friends are my stress busters. I will always be healthy and calm as I have surrounded myself with wonderful friends. Friendship is the best bond of all.

R. D. Sasmitha
Senior Secondary I

ENERGY OF THE FUTURE - SOLAR

We get solar energy from the sun to power our world. We use solar cooker to cook our food to reduce the dependence on non - renewable energy. The energy generated by fossil fuels is expensive- and polluting. Non - renewable resources are headed towards the end.

Human is looking for renewable energy, sustainable resources like wind, tide, water, biogas and solar. These produce clean energy, green energy and can sustain the needs of human race. Solar energy can be trapped by solar panels. These panels can be fitted easily on roof tops. The energy generated is used to charge the battery. Recharged batteries meet the energy demands of the house.

Earlier, solar panels were bulky and expensive. With the advancement in technology, solar panels are lighter, cheaper, and customised. India is strategically placed to harness the uninterrupted supply of sun rays. Solar panels can effectively trap sun's radiation on cloudy days too.

Government of India is promoting solar farms by subsidising the required equipment. Solar energy has caught the interest of the masses. Electricity generated by fossil fuels are burning a hole in the consumer's pocket. Solar power has the potential to take us into a clean, pollution free and energy independent society.

"Let's Harness the Power of Nature - Together"

**Ved Prakash
Senior Secondary I**

MY BUCKET LIST

My bucket list has a long list of things. But now the question is what is a bucket list? Bucket list is a list of things you want to do before you leave for heavenly abode. So, my bucket list has a bunch of crazy things I wish to do.

First and foremost, I want to write some of the most dangerous roller coasters. I want to look into the danger's eye and have a Blast! I love doing things which are exciting like driving a car at high speed while coming down the mountain. This adrenal rush makes my perfect life a little chaotic.

Learning to skate holds second position in my bucket list. I was interested in learning at a young age but then I grew. But the fondness to skating remains. So, I'm planning to learn to ride a big skateboard.

Touring the world and immersing in different cultures and cuisine is in my bucket list too. I love Art and Culture and I want to learn about it from close quarters. Maybe I will end up learning a language, grooving on a local song, or learning a traditional instrument.

I want to hike and spend quality time outdoors with my friends and family. I want to try a hand on cooking for the people I cherish most. There are numerous things I want to do in the future. But I have learnt that whatever I do, I should do it with love.

Final wish of the bucket list is little selfless. I want to build shelter for the homeless and needy people. I cannot sit back and rely on our system. I want to help a lot of people and impact their lives positively.

"Helping people is my DNA"

**Avyukt Vignesh
Senior Secondary I**

FRIENDSHIP - AN EVERLASTING BOND

Friendship is one of the greatest bonds which one could ever wish for. Lucky are those who have friends that they can trust. They feel immensely cared and loved. When we want to holiday and enjoy, we do it best with friends.

Real friends always care and support for each other. It is only friends who play the role of friends and guide each other. They share fun time and make good memories. We learn so many lessons from friendship. Having friends makes life happier. Friends also help keep secrets safe.

True friends are those who love, share, support each other and are helpful. We must teach how to maintain friendships, never fight amongst each other, and solve problems together. If there is any misunderstanding amongst any one of the friends, they should hug and solve the problem. True friends always remain with each other, be it in school or college. Friendship must be protected especially during tough times. True friends can be considered as our family. One must always celebrate friendship!

V. Dhevsree
Senior Secondary I

SOCIAL MEDIA - A WAY OF LIFE

Social media is the latest and a new way of life. It has revolutionised the way we connect and interact with each other. A whole life is now on a platform full of strangers. A click gives an access to anyone's life.

Social media has greatly influenced the life Gen Z. Being a Gen Z, in this new world of competitiveness and compatibility, is no joke. We spend so much time on our phone that it takes a toll on us. But this new way of connecting has opened numerous doors too.

Covid 19 demonstrated that we cannot take things for granted. But social media kept our nerves calm, and we were connected to others in the world. We had real time knowledge of the events happening around the globe. Many were able to raise funds for the needy and provided help wherever needed.

Gen Z, usually, wears its emotions on its sleeve but is master in hiding it too. We put on a happy face mask on our social media account burying the actual turmoil happening in our lives. We have used this platform to educate people about mental health. Gen Z has been vocal and is advocating to prioritise mental well-being. Social media has helped in removing the stigma associated with the mental health.

Youngest generation has a wonderful tool - social media - in their hands to be used wisely and effectively. This has the potential to change the world. Human race has fought many battles such as "Black Life Matters". Generation Z with the aid of social media will look for 'Good' in the troubled waters and change for Better.

N. Aashritaa
Senior Secondary I

MY BUCKET LIST

Bucket list is anyone's desire and passion be it 8, 18 or 80. I would love to explore the world, meet new people, try new dishes, and make wonderful memories. Teenager like me will have a long bucket list.

I want to see the 'Seven wonders of the World'. Taj Mahal is my India's wonder, so I would like to visit Agra first. It is my dream destination too. I am eager to go on a road trip with my friends. I do want to try few adventurous and daring sports like sky diving and bungee jumping. I want to swim with dolphins too.

My bucket list has many things which I want to do with my family and friends. Travelling occupies an important place in one's life. So, I shared my travel goals with you. Bucket list motivates and inspires me to achieve.

"Write it, Dream it, Achieve it"

**J. Jaya Kripa
Senior Secondary II**

FRIENDSHIP - AN EVERLASTING BOND

My schooling will end this year and I maybe separated from my school friends. But our friendship will never end. I will miss sharing my jokes, lunch, and examinations stress with my friends, but technology will help bridge this gap.

Every morning, I am used to seeing the happy faces of my friends. This unseen bond of friendship will continue throughout my life. Friends are needed in every turn of life. I will always cherish my school friendship in a special corner of my heart.

**"Best friends are like Stars, you don't always See them,
But you know they're Always there."**

**Himasree S
Senior Secondary II**

IS OTT ADDICTIVE?

OTT is not addictive at all. It is just a form of entertainment. During lockdown, OTT platforms were the main source of entertainment. Many people who were alone during COVID - 19 lockdowns listened to the voices on television and felt the human connection.

OTT platforms provide variety in terms of genre, language, or program. It caters to all age group. It has given us the freedom to watch as per our convenience. It also gives us the privacy. It solely depends on us to enjoy, learn, or become an addict.

Sri Sai Vishal
Senior Secondary II

MY DREAM JOB

My dream job is to fulfill people's dream but within practical boundaries. At this fast-paced life, people want immediate success and unlimited happiness. They don't have patience to wait or work for success. For most, success should be delivered in 30 minutes or less.

My job is to tame their expectations and motivate them to "Set Target" and revise when your goals are fulfilled. It is a continuous journey. History says, "Life is a race and all you have to do is run." I say that the journey will have pit stops.

It's okay to stop at the pit stops for a while. But soon, "Fasten your seatbelts, ride is about to begin." Our mind chalks out a successful plan for us and our body strives to achieve it. I want to be the Motivational Speaker who never allows you to throw in the towel.

Our society is quick in labeling people as 'losers' and sharing the accolades of 'winners'. But my job is to provide a rope to the drowning person and pull him out of the narrow well. Provide a new lease of life, show the path, and muster up the courage to conquer new avenues.

S. Karthikeyan
Senior Secondary II

MY DREAM JOB

My dream from childhood is to become a doctor. I got fascinated to become a doctor from others because the way they treat the illness of patients. The profession of a doctor has a huge respect. Being a doctor is a lifetime achievement. It is not a choice but a responsibility to relieve the pain and suffering of a patient.

I keenly like to study about the human body. I have always liked biology and it was my favorite subject. I have always been fascinated seeing the hard-working doctors who relieve the pain of patients. My dream is to always help who are not able to afford medical treatment. This made me to take the decision of pursuing medicine.

I feel sad when I hear sad incidents happening in poor families and feel the need to help them. I will work hard and achieve my dreams one day. Taking a decision to go into the medical field is tough but catering to my responsibilities gives me a sense of pleasure.

J. Jaya Jharna
Senior Secondary II

MY DREAM JOB

Sanskrit is one of my favourite subjects. I would love to teach Sanskrit language. I want to become a Sanskrit Professor. I want everyone to learn about this beautiful yet dying language.

I want to travel and sow seeds of this marvelous language. Pronunciation is a big part of this language. Correct pronunciation is mastered at the beginning and then grammar takes over the language. Learning shlokas written in Sanskrit will provide motivation.

Sanskrit is one of the ancient languages and many people are unaware of its benefits. Apart from boosting memory power, it provides positivity. Many people are impacting the world in various ways, but I want to be the 'Sanskrit Influencer'.

Shakthi K
Senior Secondary II

TIME MANAGEMENT

Time ticks for everyone in the same manner, no matter who you are and what do you do. As a responsible person, one needs to make use of precious jewel which is given to us every day. The precious jewel is 24 hours or 1440 minutes or 86400 seconds.

When we wake up every day, we are shouldered with this big gift, which is:

T: Take action

I: Involve yourself

M: Manage wisely

E: Efficiently use

Everyone cannot do everything, but everyone can do something every day. Set your goals, align yourself, be focused. Doing it right should be the mantra for effective use of this scarce resource. Time is not only money, but also a way of life.

A student knows the importance of studies, but the students should also know the importance of time, which once lost never comes back. A student should take out time for personal development too. As personal development is important for his career aspirations and growth.

**"Your future is created by what you do today,
not tomorrow"**

**V.L. Sudarshan
Senior Secondary II**

MEMORIES OF SCHOOL DAYS

The archives of school days are a treasure trove,
Filled with memories of laughter and love,
From the friends we made to the lessons we learnt,
Every moment is a page that's turned.

The halls were filled with the sound of our feet,
As we ran from class to class, never missing a beat,
We laughed and joked and made memories to last,
And we never thought that those days would go by so fast.

The teachers were our guides, our mentors, our friends,
They helped us grow from beginning to end,
They taught us to read write and think,
And they showed us that learning doesn't have to stink.

The archives of school days are a time capsule,
Filled with moments that we will never forget,
From the first day of kindergarten to the last day of high school,
Every memory is a treasure that we will always keep cool.

So, let's look back on those days with a smile,
And remember the friends we made all the while,
For the archives of school days are a reminder,
That life is a journey, and we are all just a climber.

Iniya Ramesh
Secondary



www.saraswathikendra.org

www.saraswathikendramagazine.com